Relationship Clarification Coaching Workshop CURRICULUM 2024



Awaken your divine goddess & enjoy your relationship(s) today!

1-on-1 Rapid Resolution Coaching Curriculum: A fast paced program that is designed to yield desired results. Self-Realization + Mind-State Change + Boundary Implementation. A Melodic experience like no other. Mental Clarity 101 using Cognitive behavior approach

All sessions must be completed by Aug 6, 2024 as we make room for Detox x Grow Fall Series. 105 Min Installment (90 min in-person + 15 video or phone meeting)

<u>I. Planning: Fika + Sound Bowl Meditation</u> Your current stage: Journaling, Visualization, & Manifestation Plan & Timeline Installment customized program outline that guides you through the entire process

<u>II. Feminine Stage: Intimacy Care + Herbal Tea</u> The settling period, practicing stillness, Self-care~ physical + Mental, Employing spiritual practices

<u>III. Masculine Stage: Yogic + Breath-Work</u> The action period, implementing & developing a work ethic for change. Understanding the firing process

Limited time, special price expires July 31, 2024. Includes Personal Evaluation and Assessment for an affordable price of \$752

Assessment covers decisions: Music, Nutrition, Self-Care, Social Media and Entertainment Career & Efficient Parenting Review

Invest in yourself, say yes to change, then bravery pursues.

xo DENISE LOVE JONES

THIS IS YOUR SEASON